



EMPLOYEE ASSISTANCE PROGRAMS

As of October 1, 2020

BPA Health (provided through the III-A) & available to “covered” members provides:**

- Up to ten (10) free face-to-face counseling sessions per issue per calendar year (Jan 1-Dec 31) for *each family member*.
- Telephone counseling unlimited
- Phone # is 1-800-726-0003



The Public Safety EAP (provided through the District and available to all members and volunteers including any family members residing in their home) provides:

- Up to three (3) free face-to-face counseling sessions per issue during the plan period (Mar 1-Feb 28 each year).
- Telephone counseling is unlimited (free)
- Phone # is 1-888-327-1060



OneAmerica (provided through our life insurance w/ the III-A & available to “covered” members) provides:**

- Up to three (3) free face-to-face counseling sessions per issue per calendar year (Jan 1-Dec 31 each year)
- Telephone counseling unlimited
- Phone # is 855-387-9727



TheStandard (provided through our Long Term Disability insurance and available to full-time employees & their dependents enrolled in the LTD plan)

- Up to three (3) counseling sessions either in-person or by telephone per issue per calendar year (Jan 1—Dec 31 each year)
- Phone # is 1-888-293-6948



**Covered members means employees and their dependents enrolled in the III-A medical insurance plan